Terrie Stephenson Lead Cook Elizabeth Abrams Assist. Cook

Breakfast Menu August 2022

Provision 2: All Student Meals are FREE OF CHARGE Choice of: 1% White Milk or Non-Fat Milk

Monday	Tuesday	Wednesday	Thursday	Friday
	1 4.004.4.9	24		·
		Assorted Cereal	Assorted Cereal	Assorted Cereal
		Fruit	OR	Fruit
		Whole Wheat Toast	Biscuits & Gravy	Whole Wheat Toast
		Bagel	Fruit	Bagel
		ŭ		Ü
		Milk	Milk	Milk
29	30	31	Septemeber 1	2
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal
Fruit	OR	Fruit	OR	Fruit
Whole Wheat Toast	Sasauge Muffin	Whole Wheat Toast	Biscuits & Gravy	Whole Wheat Toast
Bagel	Sandwich	Bagel	Fruit	Bagel
	Fruit			
Milk	Milk	Milk	Milk	Milk

Lunch Menu August 2022

Lyle Secondary School

Terrie Stephenson Lead Cook Elizabeth Abrams Assist. Cook

Provision 2: All Student Meals are FREE OF CHARGE Choice of: 1% White Milk or Non-Fat Milk

		24		
		Chicken Gravy	Sub Sandwich	Chili
		Mashed Potatoes	Veggie Tray	Cornbread
		Corn	Fruit	Veggie Tray
		Veggie Tray	String Cheese	Fruit
		Mixed Fruit	Granola Bar	
		Roll		
		Milk	Milk	Milk
29			Septemeber 1	
Teriyaki Dippers	Pepperoni or	Toasted Ham &	Chicken Fajitas	Spaghetti
Brown Rice	Cheese Pizza	Cheese Sandwich	W/Tortilla	Meat Sauce
Veggie Tray	Salad	Soup	Refried Beans	Salad
Fruit	Fruit	Veggie Tray	Spanish Rice	Fruit
Bread		Gruit	Salad	Bread
			Fruit	
Milk	Milk	Milk	Milk	Milk

Menu Subject to Change Without Notice Menu Based on U.S.D.A. Guidelines

Terrie Stephenson Lead Cook Elizabeth Abrams Assist. Cook

Breakfast Menu September 2022

Provision 2: All Student Meals are FREE OF CHARGE Choice of: 1% White Milk or Non-Fat Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Wionday	ruesuay	Wednesday	Tiluisuay	Filuay
			1	2
			Assorted Cereal	Assorted Cereal
			OR	Fruit
			Biscuits & Gravy	Whole Wheat Toast
			Fruit	Bagel
			Milk	Milk
5	6	7	8	9
	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal
No School	OR	Fruit	OR	Fruit
Labor Day	Breakfast Sandwich	Whole Wheat Toast	Biscuits & Gravy	Whole Wheat Toast
	Fruit	Bagel	Fruit	Bagel
	Milk	Milk	Milk	Milk
12	13	14	15	16
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal
Fruit	OR	Fruit	OR	Fruit
Whole Wheat Toast	Breakfast Sandwich	Whole Wheat Toast	Biscuits & Gravy	Whole Wheat Toast
Bagel	Fruit	Bagel	Fruit	Bagel
Milk	Milk	Milk	Milk	Milk
19	20	21	22	23
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal
Fruit	OR	Fruit	OR	Fruit
Whole Wheat Toast	Breakfast Sandwich	Whole Wheat Toast	Biscuits & Gravy	Whole Wheat Toast
Bagel	Fruit	Bagel	Fruit	Bagel
Milk	Milk	Milk	Milk	Milk
26	27	28	29	30
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal
Fruit	OR	Fruit	OR	Fruit
Whole Wheat Toast	Breakfast Sandwich	Whole Wheat Toast	Biscuits & Gravy	Whole Wheat Toast
Bagel	Fruit	Bagel	Fruit	Bagel
Milk	Milk	Milk	Milk	Milk

Lunch Menu September 2022

Lyle Secondary School

Terrie Stephenson Lead Cook Elizabeth Abrams Assist. Cook

Provision 2: All Student Meals are FREE OF CHARGE Choice of: 1% White Milk or Non-Fat Milk

Choice of: 1% White Milk or Non-Fat Milk				
			1	2
			Chicken Fajitas	Spaghetti
			W/Tortilla	Meat Sauce
			Refried Beans	Salad
			Spanish Rice	Fruit
			Salad	Bread
			Fruit	
			Milk	Milk
5	6	7	8	9
	Turkey or Tuna	Hamburger Gravy	Chili Cheese	Pepperoni or
No School	Sandwiches	Mashed Potatoes	Nachos	Cheese Pizza
Labor Day	Tomoato or	Corn	Veggie Tray	Salad
	Chicken Noodle	Veggie Tray	Fruit	Fruit
	Soup	Fruit	Graham Cracker	
	Salad	Whole Wheat Roll		
	Milk	Milk	Milk	Milk
12		14	15	16
Chicken Patty	Beef Taco	Spaghetti	Teriyaki Chicken	Hot Dog on Bun
Sandwich	Beans	Meat Sauce	Brown Rice	Beans
Tater Tots	Salad	Salad	Veggie Tray	Salad
Salad	Fruit	Fruit	Fruit	Fruit
Fruit		Bread		
Milk	Milk	Milk	Milk	Milk
19	20	21	22	23
Chicken Nuggets	Hambuger on Bun	Chicken Gravy	Sub Sandwich	Chili
Macaroni & Cheese	Fries	Mashed Potatoes	Veggie Tray	Cornbread
Veggie Tray	Fruit	Corn	Fruit	Salad
Fruit	Salad	Veggie Tray	String Cheese	Veggie Tray
		Mixed Fruit	Granola Bar	Fruit
		Roll		
Milk	Milk	Milk	Milk	Milk
26				30
Teriyaki Dippers	Pepperoni or	Toasted Ham &	Chicken Fajitas	Spaghetti
Brown Rice	Cheese Pizza	Cheese Sandwich	W/Tortilla	Meat Sauce
Veggie Tray	Salad	Soup	Refried Beans	Salad
Fruit	Fruit	Veggie Tray	Spanish Rice	Fruit
Bread		Gruit	Salad	Bread
			Fruit	
Milk	Milk	Milk	Milk	Milk

Terrie Stephenson

Lead Cook

Breakfast Menu Elizabeth Abrams October 2022 Assist. Cook

Provision 2: All Student Meals are FREE OF CHARGE Choice of: 1% White Milk or Non-Fat Milk

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal
Fruit	OR	Fruit	OR	Fruit
Whole Wheat Toast	Breakfast Sandwich	Whole Wheat Toast	Biscuits & Gravy	Whole Wheat Toast
Bagel	Fruit	Bagel	Fruit	Bagel
Milk	Milk	Milk	Milk	Milk
10	11	12	13	14
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal
Fruit	OR	Fruit	OR	Fruit
Whole Wheat Toast	Breakfast Sandwich	Whole Wheat Toast	Biscuits & Gravy	Whole Wheat Toast
Bagel	Fruit	Bagel	Fruit	Bagel
Milk	Milk	Milk	Milk	Milk
17	18	19	20	21
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	No School
Fruit	OR	Fruit	OR	Teacher
Whole Wheat Toast	Breakfast Sandwich	Whole Wheat Toast	Biscuits & Gravy	Training Day
Bagel	Fruit	Bagel	Fruit	
Milk	Milk	Milk	Milk	
24	25	26	27	
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal
Fruit	OR	Fruit	OR	Fruit
Whole Wheat Toast	Breakfast Sandwich	Whole Wheat Toast	Biscuits & Gravy	Whole Wheat Toast
Bagel	Fruit	Bagel	Fruit	Bagel
Milk	Milk	Milk	Milk	Milk
3	4	5	6	7
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal
Fruit	OR	Fruit	OR	Fruit
Whole Wheat Toast	Breakfast Sandwich	Whole Wheat Toast	Biscuits & Gravy	Whole Wheat Toast
Bagel	Fruit	Bagel	Fruit	Bagel
Milk	Milk	Milk	Milk	Milk

Lunch Menu

October 2022

Elizabeth Abrams

Terrie Stephenson

Lead Cook

Assist. Cook

Provision 2: All Student Meals are FREE OF CHARGE Choice of: 1% White Milk or Non-Fat Milk

	_	_		
3		5	6	
Corn Dog	Turkey or Tuna	Hamburger Gravy	Chili Cheese	Pepperoni or
French Fries	Sandwiches	Mashed Potatoes	Nachos	Cheese Pizza
Veggie Tray	Tomoato or	Corn	Veggie Tray	Salad
Fruit	Chicken Noodle	Veggie Tray	Fruit	Fruit
	Soup	Fruit	Graham Cracker	
	Salad	Whole Wheat Roll		
Milk	Milk	Milk	Milk	Milk
10	11	12	13	14
Chicken Patty	Beef Taco	Spaghetti	Teriyaki Chicken	Hot Dog on Bun
Sandwich	Beans	Meat Sauce	Brown Rice	Beans
Tater Tots	Salad	Salad	Veggie Tray	Salad
Salad	Fruit	Fruit	Fruit	Fruit
Fruit		Bread		
Milk	Milk	Milk	Milk	Milk
17	18	19	20	21
Chicken Nuggets	Hambuger on Bun	Chicken Gravy	Sub Sandwich	No School
Macaroni & Cheese	Fries	Mashed Potatoes	Veggie Tray	Teacher
Veggie Tray	Fruit	Corn	Fruit	Training
Fruit	Salad	Veggie Tray	String Cheese	Day
		Mixed Fruit	Granola Bar	•
		Roll		
Milk	Milk	Milk	Milk	
24		26	27	28
Teriyaki Dippers	Pepperoni or	Toasted Ham &	Chicken Fajitas	Spaghetti
Brown Rice	Cheese Pizza	Cheese Sandwich	W/Tortilla	Meat Sauce
Veggie Tray	Salad	Soup	Refried Beans	Salad
Fruit	Fruit	Veggie Tray	Spanish Rice	Fruit
Bread		Gruit	Salad	Bread
555		J. 811	Fruit	344
Milk	Milk	Milk	Milk	Milk
31			3	4
Corn Dog	Turkey or Tuna	Hamburger Gravy	Chili Cheese	Pepperoni or
French Fries	Sandwiches	Mashed Potatoes	Nachos	Cheese Pizza
Veggie Tray	Tomoato or	Corn	Veggie Tray	Salad
Fruit	Chicken Noodle	Veggie Tray	Fruit	Fruit
	Soup	Fruit	Graham Cracker	
	Salad	Whole Wheat Roll		
Milk	Milk	Milk	Milk	Milk
		ioot to Change With		

Breakfast Menu November 2022

Terrie Stephenson Lead Cook Elizabeth Abrams Assist. Cook

Provision 2: All Student Meals are FREE OF CHARGE-Choice of: 1% White Milk or Non-Fat Milk

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal
	OR	Fruit	OR	Fruit
	Breakfast Sandwich	Whole Wheat Toast	Biscuits & Gravy	Whole Wheat Toast
	Fruit	Bagel	Fruit	Bagel
	Milk	Milk	Milk	Milk
7	8	9	10	11
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	
Fruit	OR	Fruit	OR	No School
Whole Wheat Toast	Breakfast Sandwich	Whole Wheat Toast	Biscuits & Gravy	Veteran's
Bagel	Fruit	Bagel	Fruit	day
Milk	Milk	Milk	Milk	
14	15	16	17	18
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal
Fruit	OR	Fruit	OR	Fruit
Whole Wheat Toast	Breakfast Sandwich	Whole Wheat Toast	Biscuits & Gravy	Whole Wheat Toast
Bagel	Fruit	Bagel	Fruit	Bagel
Milk	Milk	Milk	Milk	Milk
21	22	23	24	25
Assorted Cereal	Assorted Cereal			
Fruit	OR	No School	No School	No School
Whole Wheat Toast	Breakfast Sandwich	Thanksgiving Break	Thanksgiving	Native American
Bagel	Fruit			Heritage Day
Milk	Milk			
28	29	30	December 1	2
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal
Fruit	OR	Fruit	OR	Fruit
Whole Wheat Toast	Breakfast Sandwich	Whole Wheat Toast	Biscuits & Gravy	Whole Wheat Toast
Bagel	Fruit	Bagel	Fruit	Bagel
Milk	Milk	Milk	Milk	Milk

Lunch Menu November 2022 Terrie Stephenson Lead Cook Elizabeth Abrams Assist. Cook

Provision 2: All Student Meals are FREE OF CHARGE Choice of: 1% White Milk or Non-Fat Milk

	Choice of. 1	% White Wilk of N	OII-I at WillK	
	1	2	3	4
Chicken Patty	Beef Taco	Spaghetti	Teriyaki Chicken	Hot Dog on Bun
Sandwich	Beans	Meat Sauce	Brown Rice	Beans
Tater Tots	Salad	Salad	Veggie Tray	Salad
Salad	Fruit	Fruit	Fruit	Fruit
Fruit		Bread		
Milk	Milk	Milk	Milk	Milk
7	8	9	10	11
Chicken Nuggets	Hambuger on Bun	Chicken Gravy	Sub Sandwich	
Macaroni & Cheese	Fries	Mashed Potatoes	Veggie Tray	No School
Veggie Tray	Fruit	Corn	Fruit	Veteran's
Fruit	Salad	Veggie Tray	String Cheese	day
		Mixed Fruit	Granola Bar	
		Roll		
Milk	Milk	Milk	Milk	
14		16	17	18
Teriyaki Dippers	Pepperoni or	Toasted Ham &	Chicken Fajitas	Spaghetti
Brown Rice	Cheese Pizza	Cheese Sandwich	W/Tortilla	Meat Sauce
Veggie Tray	Salad	Soup	Refried Beans	Salad
Fruit	Fruit	Veggie Tray	Spanish Rice	Fruit
Bread		Gruit	Salad	Bread
			Fruit	
Milk	Milk	Milk	Milk	Milk
21	22	23	24	25
Corn Dog	Turkey or Tuna			
French Fries	Sandwiches	No School	No School	No School
Veggie Tray	Tomoato or	Thanksgiving Break	Thanksgiving	Native American
Fruit	Chicken Noodle			Heritage Day
	Soup			
	Salad			
Milk	Milk			
28				2
Chicken Patty	Beef Taco	Spaghetti	Teriyaki Chicken	Hot Dog on Bun
Sandwich	Beans	Meat Sauce	Brown Rice	Beans
Tater Tots	Salad	Salad	Veggie Tray	Salad
Salad	Fruit	Fruit	Fruit	Fruit
Fruit		Bread		
Milk	Milk	Milk	Milk	Milk

Breakfast Menu December 2022 Terrie Stephenson Lead Cook Elizabeth Abrams Assist. Cook

Provision 2: All Student Meals are FREE OF CHARGE Choice of: 1% White Milk or Non-Fat Milk

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Assorted Cereal	Assorted Cereal
			OR	Fruit
			Biscuits & Gravy	Whole Wheat Toast
			Fruit	Bagel
			Milk	Milk
5	6	7	8	9
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal
Fruit	OR	Fruit	OR	Fruit
Whole Wheat Toast	Breakfast Sandwich	Whole Wheat Toast	Biscuits & Gravy	Whole Wheat Toast
Bagel	Fruit	Bagel	Fruit	Bagel
Milk	Milk	Milk	Milk	Milk
12	13	14	15	16
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal
Fruit	OR	Fruit	OR	Fruit
Whole Wheat Toast	Breakfast Sandwich	Whole Wheat Toast	Biscuits & Gravy	Whole Wheat Toast
Bagel	Fruit	Bagel	Fruit	Bagel
Milk	Milk	Milk	Milk	Milk
19	20	21	22	23
		Winter Break		
26	27	28	December 1	2
		Winter Break		
		Winter Break		

Lunch Menu December 2022

Lyle Secondary School

Terrie Stephenson Lead Cook Elizabeth Abrams Assist. Cook

Provision 2: All Student Meals are FREE OF CHARGE Choice of: 1% White Milk or Non-Fat Milk

	Choice of. 1	% White Milk of N	OII-Fat Willk	
			1	2
			Teriyaki Chicken	Hot Dog on Bun
			Brown Rice	Beans
			Veggie Tray	Salad
			Fruit	Fruit
			Milk	Milk
5	6	7	8	9
Chicken Nuggets	Hambuger on Bun	Chicken Gravy	Sub Sandwich	Chili
Macaroni & Cheese	Fries	Mashed Potatoes	Veggie Tray	Cornbread
Veggie Tray	Fruit	Corn	Fruit	Salad
Fruit	Salad	Veggie Tray	String Cheese	Veggie Tray
		Mixed Fruit	Granola Bar	Fruit
		Roll		
Milk	Milk	Milk	Milk	Milk
12			15	16
Teriyaki Dippers	Pepperoni or	Toasted Ham &	Chicken Fajitas	Spaghetti
Brown Rice	Cheese Pizza	Cheese Sandwich	W/Tortilla	Meat Sauce
Veggie Tray	Salad	Soup	Refried Beans	Salad
Fruit	Fruit	Veggie Tray	Spanish Rice	Fruit
Bread	1.0.0	Gruit	Salad	Bread
Dicad		Oran	Fruit	Bicaa
Milk	Milk	Milk	Milk	Milk
19				23
13	20	Z I	LL	25
		Winter Break		
26	27	28	December 1	2
20			Deceimbel I	2
		Winter Break		
		Willier Dieak		
		ioot to Change With	4 11 41 4	

Breakfast Menu January 2023 Terrie Stephenson Lead Cook Elizabeth Abrams Assist. Cook

Provision 2: All Student Meals are FREE OF CHARGE Choice of: 1% White Milk or Non-Fat Milk

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal
Fruit	OR	Fruit	OR	Fruit
Whole Wheat Toast	Breakfast Sandwich	Whole Wheat Toast	Biscuits & Gravy	Whole Wheat Toast
Bagel	Fruit	Bagel	Fruit	Bagel
Milk	Milk	Milk	Milk	Milk
9	10	11	12	13
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal
Fruit	OR	Fruit	OR	Fruit
Whole Wheat Toast	Breakfast Sandwich	Whole Wheat Toast	Biscuits & Gravy	Whole Wheat Toast
Bagel	Fruit	Bagel	Fruit	Bagel
Milk	Milk	Milk	Milk	Milk
16	17	18	19	20
	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal
No School	OR	Fruit	OR	Fruit
MLK	Breakfast Sandwich	Whole Wheat Toast	Biscuits & Gravy	Whole Wheat Toast
Day	Fruit	Bagel	Fruit	Bagel
	Milk	Milk	Milk	Milk
23	24	25	26	27
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal
Fruit	OR	Fruit	OR	Fruit
Whole Wheat Toast	Breakfast Sandwich	Whole Wheat Toast	Biscuits & Gravy	Whole Wheat Toast
Bagel	Fruit	Bagel	Fruit	Bagel
Milk	Milk	Milk	Milk	Milk
30	31	1	2	3
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal
Fruit	OR	Fruit	OR	Fruit
Whole Wheat Toast	Breakfast Sandwich	Whole Wheat Toast	Biscuits & Gravy	Whole Wheat Toast
Bagel	Fruit	Bagel	Fruit	Bagel
Milk	Milk	Milk	Milk	Milk

Lunch Menu January 2023

Lyle Secondary School

Terrie Stephenson Lead Cook Elizabeth Abrams Assist. Cook

Provision 2: All Student Meals are FREE OF CHARGE Choice of: 1% White Milk or Non-Fat Milk

2	3	4	5	c
	Turkey or Tuna	Hamburger Gravy	Chili Cheese	Pepperoni or
Corn Dog French Fries	Sandwiches	Mashed Potatoes	Nachos	Cheese Pizza
	Tomoato or	Corn		Salad
Veggie Tray			Veggie Tray	
Fruit	Chicken Noodle	Veggie Tray	Fruit	Fruit
	Soup	Fruit	Graham Cracker	
	Salad	Whole Wheat Roll		
Milk	Milk	Milk	Milk	Milk
9	10	11	12	13
Chicken Patty	Beef Taco	Spaghetti	Teriyaki Chicken	Hot Dog on Bun
Sandwich	Beans	Meat Sauce	Brown Rice	Beans
Tater Tots	Salad	Salad	Veggie Tray	Salad
Salad	Fruit	Fruit	Fruit	Fruit
Fruit		Bread		
Milk	Milk	Milk	Milk	Milk
16		18		20
	Hambuger on Bun	Chicken Gravy	Sub Sandwich	Chili
No School	Fries	Mashed Potatoes	Veggie Tray	Cornbread
MLK	Fruit	Corn	Fruit	Salad
Day	Salad	Veggie Tray	String Cheese	Veggie Tray
		Mixed Fruit	Granola Bar	Fruit
		Roll		
	Milk	Milk	Milk	Milk
23		25	-	27
Teriyaki Dippers	Pepperoni or	Toasted Ham &	Chicken Fajitas	Spaghetti
Brown Rice	Cheese Pizza	Cheese Sandwich	W/Tortilla	Meat Sauce
Veggie Tray	Salad	Soup	Refried Beans	Salad
Fruit	Fruit	Veggie Tray	Spanish Rice	Fruit
Bread		Gruit	Salad	Bread
			Fruit	
Milk	Milk	Milk	Milk	Milk
30	31	1	2	3
Corn Dog	Turkey or Tuna	Hamburger Gravy	Chili Cheese	Pepperoni or
French Fries	Sandwiches	Mashed Potatoes	Nachos	Cheese Pizza
Veggie Tray	Tomoato or	Corn	Veggie Tray	Salad
Fruit	Chicken Noodle	Veggie Tray	Fruit	Fruit
	Soup	Fruit	Graham Cracker	
	Salad	Whole Wheat Roll		
Milk	Milk	Milk	Milk	Milk
	Marros Ocale	ect to Change With	and Madian	

Terrie Stephenson Lyle Secondary School Lead Cook Elizabeth Abrams Assist. Cook

Breakfast Menu February 2023

Provision 2: All Student Meals are FREE OF CHARGE Choice of: 1% White Milk or Non-Fat Milk

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Assorted Cereal	Assorted Cereal	Assorted Cereal
		Fruit	OR	Fruit
		Whole Wheat Toast	Biscuits & Gravy	Whole Wheat Toast
		Bagel	Fruit	Bagel
		Milk	Milk	Milk
6	7	8	9	10
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	
Fruit	OR	Fruit	OR	No School
Whole Wheat Toast	Breakfast Sandwich	Whole Wheat Toast	Biscuits & Gravy	Teacher
Bagel	Fruit	Bagel	Fruit	Training
Milk	Milk	Milk	Milk	Day
13	14	15	16	17
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	
Fruit	OR	Fruit	OR	No School
Whole Wheat Toast	Breakfast Sandwich	Whole Wheat Toast	Biscuits & Gravy	
Bagel	Fruit	Bagel	Fruit	
Milk	Milk	Milk	Milk	
20	21	22	23	24
	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal
No School	OR	Fruit	OR	Fruit
President's	Breakfast Sandwich	Whole Wheat Toast	Biscuits & Gravy	Whole Wheat Toast
Day	Fruit	Bagel	Fruit	Bagel
	Milk	Milk	Milk	Milk
27	28	1	2	3
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal
Fruit	OR	Fruit	OR	Fruit
Whole Wheat Toast	Breakfast Sandwich	Whole Wheat Toast	Biscuits & Gravy	Whole Wheat Toast
Bagel	Fruit	Bagel	Fruit	Bagel
Milk	Milk	Milk	Milk	Milk

Lunch Menu February 2023

Lyle Secondary School

Terrie Stephenson Lead Cook Elizabeth Abrams Assist. Cook

Provision 2: All Student Meals are FREE OF CHARGE Choice of: 1% White Milk or Non-Fat Milk

	Choice of. I	% White Wilk of N	OII-Fat WillK	
		1	2	3
		Spaghetti	Teriyaki Chicken	Hot Dog on Bun
		Meat Sauce	Brown Rice	Beans
		Salad	Veggie Tray	Salad
		Fruit	Fruit	Fruit
		Bread		
		Milk	Milk	Milk
6	7	8	9	10
Chicken Nuggets	Hambuger on Bun	Chicken Gravy	Sub Sandwich	
Macaroni & Cheese	Fries	Mashed Potatoes	Veggie Tray	No School
Veggie Tray	Fruit	Corn	Fruit	Teacher
Fruit	Salad	Veggie Tray	String Cheese	Training
		Mixed Fruit	Granola Bar	Day
		Roll		
Milk	Milk	Milk	Milk	
13	14	15	16	17
Teriyaki Dippers	Pepperoni or	Toasted Ham &	Chicken Fajitas	
Brown Rice	Cheese Pizza	Cheese Sandwich	W/Tortilla	No School
Veggie Tray	Salad	Soup	Refried Beans	
Fruit	Fruit	Veggie Tray	Spanish Rice	
Bread		Gruit	Salad	
			Fruit	
Milk	Milk	Milk	Milk	
20	21	22	23	24
	Turkey or Tuna	Hamburger Gravy	Chili Cheese	Pepperoni or
No School	Sandwiches	Mashed Potatoes	Nachos	Cheese Pizza
President's	Tomoato or	Corn	Veggie Tray	Salad
Day	Chicken Noodle	Veggie Tray	Fruit	Fruit
	Soup	Fruit	Graham Cracker	
	Salad	Whole Wheat Roll		
	Milk	Milk	Milk	Milk
27	28	1	2	3
Chicken Patty	Beef Taco	Spaghetti	Teriyaki Chicken	Hot Dog on Bun
Sandwich	Beans	Meat Sauce	Brown Rice	Beans
Tater Tots	Salad	Salad	Veggie Tray	Salad
Salad	Fruit	Fruit	Fruit	Fruit
Fruit		Bread		
Milk	Milk	Milk	Milk	Milk
		ingt to Change With		

Breakfast Menu March 2023 Terrie Stephenson Lead Cook Elizabeth Abrams Assist. Cook

Provision 2: All Student Meals are FREE OF CHARGE Choice of: 1% White Milk or Non-Fat Milk

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Assorted Cereal	Assorted Cereal	Assorted Cereal
		Fruit	OR	Fruit
		Whole Wheat Toast	Biscuits & Gravy	Whole Wheat Toast
		Bagel	Fruit	Bagel
		Milk	Milk	Milk
6	7	8	9	10
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal
Fruit	OR	Fruit	OR	Fruit
Whole Wheat Toast	Breakfast Sandwich	Whole Wheat Toast	Biscuits & Gravy	Whole Wheat Toast
Bagel	Fruit	Bagel	Fruit	Bagel
Milk	Milk	Milk	Milk	Milk
13	14	15	16	17
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal
Fruit	OR	Fruit	OR	Fruit
Whole Wheat Toast	Breakfast Sandwich	Whole Wheat Toast	Biscuits & Gravy	Whole Wheat Toast
Bagel	Fruit	Bagel	Fruit	Bagel
Milk	Milk	Milk	Milk	Milk
20	21	22	23	24
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal
Fruit	OR	Fruit	OR	Fruit
Whole Wheat Toast	Breakfast Sandwich	Whole Wheat Toast	Biscuits & Gravy	Whole Wheat Toast
				D1
Bagel	Fruit	Bagel	Fruit	Bagel
Bagel Milk	Fruit Milk	Bagel Milk	Fruit Milk	Bagei Milk

Spring Break

Lunch Menu March 2023

Lyle Secondary School

Terrie Stephenson Lead Cook Elizabeth Abrams Assist. Cook

Provision 2: All Student Meals are FREE OF CHARGE Choice of: 1% White Milk or Non-Fat Milk

		1	2	3
		Spaghetti	Teriyaki Chicken	Hot Dog on Bun
		Meat Sauce	Brown Rice	Beans
		Salad	Veggie Tray	Salad
		Fruit	Fruit	Fruit
		Bread		
		Milk	Milk	Milk
6	7	8	9	10
Chicken Nuggets	Hambuger on Bun	Chicken Gravy	Sub Sandwich	Chili
Macaroni & Cheese	Fries	Mashed Potatoes	Veggie Tray	Cornbread
Veggie Tray	Fruit	Corn	Fruit	Salad
Fruit	Salad	Veggie Tray	String Cheese	Veggie Tray
		Mixed Fruit	Granola Bar	Fruit
		Roll		
Milk	Milk	Milk	Milk	Milk
13	14	15	16	17
Teriyaki Dippers	Pepperoni or	Toasted Ham &	Chicken Fajitas	Spaghetti
Brown Rice	Cheese Pizza	Cheese Sandwich	W/Tortilla	Meat Sauce
Veggie Tray	Salad	Soup	Refried Beans	Salad
Fruit	Fruit	Veggie Tray	Spanish Rice	Fruit
Bread		Gruit	Salad	Bread
			Fruit	
Milk	Milk	Milk	Milk	Milk
20	21	22	23	24
Corn Dog	Turkey or Tuna	Hamburger Gravy	Chili Cheese	Pepperoni or
French Fries	Sandwiches	Mashed Potatoes	Nachos	Cheese Pizza
Veggie Tray	Tomoato or	Corn	Veggie Tray	Salad
Fruit	Chicken Noodle	Veggie Tray	Fruit	Fruit
	Soup	Fruit	Graham Cracker	
	Salad	Whole Wheat Roll		
Milk	Milk	Milk	Milk	Milk
27	28	29	30	31

Spring Break

Breakfast Menu April 2023 Terrie Stephenson Lead Cook Elizabeth Abrams Assist. Cook

Provision 2: All Student Meals are FREE OF CHARGE Choice of: 1% White Milk or Non-Fat Milk

		14/ 1		
Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Assorted Cereal	Assorted Cereal	Assorted Cereal
		Fruit	OR	Fruit
		Whole Wheat Toast	Biscuits & Gravy	Whole Wheat Toast
		Bagel	Fruit	Bagel
		Milk	Milk	Milk
6	7	8	9	10
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	
Fruit	OR	Fruit	OR	No School
Whole Wheat Toast	Breakfast Sandwich	Whole Wheat Toast	Biscuits & Gravy	Teacher
Bagel	Fruit	Bagel	Fruit	Training
Milk	Milk	Milk	Milk	Day
13	14	15	16	17
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	
Fruit	OR	Fruit	OR	No School
Whole Wheat Toast	Breakfast Sandwich	Whole Wheat Toast	Biscuits & Gravy	
Bagel	Fruit	Bagel	Fruit	
Milk	Milk	Milk	Milk	
20	21	22	23	24
	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal
No School	OR	Fruit	OR	Fruit
President's	Breakfast Sandwich	Whole Wheat Toast	Biscuits & Gravy	Whole Wheat Toast
Day	Fruit	Bagel	Fruit	Bagel
	Milk	Milk	Milk	Milk
27	28	1	2	3
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal
Fruit	OR	Fruit	OR	Fruit
Whole Wheat Toast	Breakfast Sandwich	Whole Wheat Toast	Biscuits & Gravy	Whole Wheat Toast
Bagel	Fruit	Bagel	Fruit	Bagel
Milk	Milk	Milk	Milk	Milk

Lunch Menu April 2023

Lyle Secondary School

Terrie Stephenson Lead Cook Elizabeth Abrams Assist. Cook

Provision 2: All Student Meals are FREE OF CHARGE Choice of: 1% White Milk or Non-Fat Milk

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3		_	6	7
Chicken Patty	Beef Taco	Spaghetti	Teriyaki Chicken	Hot Dog on Bun
Sandwich	Beans	Meat Sauce	Brown Rice	Beans
Tater Tots	Salad	Salad	Veggie Tray	Salad
Salad	Fruit	Fruit	Fruit	Fruit
Fruit		Bread		
Milk	Milk	Milk	Milk	Milk
10	11	12	13	14
Chicken Nuggets	Hambuger on Bun	Chicken Gravy	Sub Sandwich	Chili
Macaroni & Cheese	Fries	Mashed Potatoes	Veggie Tray	Cornbread
Veggie Tray	Fruit	Corn	Fruit	Salad
Fruit	Salad	Veggie Tray	String Cheese	Veggie Tray
		Mixed Fruit	Granola Bar	Fruit
		Roll		
Milk	Milk	Milk	Milk	Milk
17	18	19	20	21
Teriyaki Dippers	Pepperoni or	Toasted Ham &	Chicken Fajitas	Spaghetti
Brown Rice	Cheese Pizza	Cheese Sandwich	W/Tortilla	Meat Sauce
Veggie Tray	Salad	Soup	Refried Beans	Salad
Fruit	Fruit	Veggie Tray	Spanish Rice	Fruit
Bread		Gruit	Salad	Bread
			Fruit	
Milk	Milk	Milk	Milk	Milk
24		26	27	28
Corn Dog	Turkey or Tuna	Hamburger Gravy	Chili Cheese	Pepperoni or
French Fries	Sandwiches	Mashed Potatoes	Nachos	Cheese Pizza
Veggie Tray	Tomoato or	Corn	Veggie Tray	Salad
Fruit	Chicken Noodle	Veggie Tray	Fruit	Fruit
	Soup	Fruit	Graham Cracker	
	Salad	Whole Wheat Roll		
	Salau	Wildle Wileat Roll		

Terrie Stephenson Lead Cook Elizabeth Abrams Assist. Cook

Breakfast Menu May 2023

Provision 2: All Student Meals are FREE OF CHARGE Choice of: 1% White Milk or Non-Fat Milk

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
		Assorted Cereal	Assorted Cereal	Assorted Cereal
		Fruit	OR	Fruit
		Whole Wheat Toast	Biscuits & Gravy	Whole Wheat Toast
		Bagel	Fruit	Bagel
		Milk	Milk	Milk
8	9	10	11	12
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal
Fruit	OR	Fruit	OR	Fruit
Whole Wheat Toast	Breakfast Sandwich	Whole Wheat Toast	Biscuits & Gravy	Whole Wheat Toast
Bagel	Fruit	Bagel	Fruit	Bagel
Milk	Milk	Milk	Milk	Milk
15	16	17	18	19
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	
Fruit	OR	Fruit	OR	No School
Whole Wheat Toast	Breakfast Sandwich	Whole Wheat Toast	Biscuits & Gravy	Teacher
Bagel	Fruit	Bagel	Fruit	Learning
Milk	Milk	Milk	Milk	Day
22	23	24	25	26
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	
Fruit	OR	Fruit	OR	No School
Whole Wheat Toast	Breakfast Sandwich	Whole Wheat Toast	Biscuits & Gravy	
Bagel	Fruit	Bagel	Fruit	
Milk	Milk	Milk	Milk	
29		31	1	2
	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal
No School	OR	Fruit	OR	Fruit
Memorial Day	Breakfast Sandwich	Whole Wheat Toast	Biscuits & Gravy	Whole Wheat Toast
	Fruit	Bagel	Fruit	Bagel
	Milk	Milk	Milk	Milk

Lunch Menu April 2023

Lyle Secondary School

Terrie Stephenson Lead Cook Elizabeth Abrams Assist. Cook

Provision 2: All Student Meals are FREE OF CHARGE Choice of: 1% White Milk or Non-Fat Milk

	00.00	,, ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		
1	2	3		5
Chicken Patty	Beef Taco	Spaghetti	Teriyaki Chicken	Hot Dog on Bun
Sandwich	Beans	Meat Sauce	Brown Rice	Beans
Tater Tots	Salad	Salad	Veggie Tray	Salad
Salad	Fruit	Fruit	Fruit	Fruit
Fruit		Bread		
Milk	Milk	Milk	Milk	Milk
8	9		11	12
Chicken Nuggets	Hambuger on Bun	Chicken Gravy	Sub Sandwich	Chili
Macaroni & Cheese	Fries	Mashed Potatoes	Veggie Tray	Cornbread
Veggie Tray	Fruit	Corn	Fruit	Salad
Fruit	Salad	Veggie Tray	String Cheese	Veggie Tray
		Mixed Fruit	Granola Bar	Fruit
		Roll		
Milk	Milk	Milk	Milk	Milk
15	16		18	19
Teriyaki Dippers	Pepperoni or	Toasted Ham &	Chicken Fajitas	
Brown Rice	Cheese Pizza	Cheese Sandwich	W/Tortilla	No School
Veggie Tray	Salad	Soup	Refried Beans	Teacher
Fruit	Fruit	Veggie Tray	Spanish Rice	Learning
Bread		Gruit	Salad	Day
			Fruit	
Milk	Milk	Milk	Milk	
22			25	26
Corn Dog	Turkey or Tuna	Hamburger Gravy	Chili Cheese	
French Fries	Sandwiches	Mashed Potatoes	Nachos	No School
Veggie Tray	Tomoato or	Corn	Veggie Tray	
Fruit	Chicken Noodle	Veggie Tray	Fruit	
	Soup	Fruit	Graham Cracker	
	Salad	Whole Wheat Roll		
Milk	Milk	Milk	Milk	
29			1	2
	Beef Taco	Spaghetti	Teriyaki Chicken	Hot Dog on Bun
No	Beans	Meat Sauce	Brown Rice	Beans
School	Salad	Salad	Veggie Tray	Salad
Memorial	Fruit	Fruit	Fruit	Fruit
Day		Bread		
	Milk	Milk	Milk	Milk
·	Manar Cula	iect to Change With	aut Nation	

Terrie Stephenson Lead Cook Elizabeth Abrams Assist. Cook

Breakfast Menu June 2023

Provision 2: All Student Meals are FREE OF CHARGE Choice of: 1% White Milk or Non-Fat Milk

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Assorted Cereal	Assorted Cereal
			OR	Fruit
			Biscuits & Gravy	Whole Wheat Toast
			Fruit	Bagel
			Milk	Milk
5	6	7	8	9
Assorted Cereal				
Fruit	OR	Fruit	OR	Fruit
Whole Wheat Toast	Breakfast Sandwich	Whole Wheat Toast	Biscuits & Gravy	Whole Wheat Toast
Bagel	Fruit	Bagel	Fruit	Bagel
Milk	Milk	Milk	Milk	Milk
12	13	14	15	16
POTENTIAL SNOW DAY				
Assorted Cereal				
Fruit	OR	Fruit	OR	Fruit
Whole Wheat Toast	Breakfast Sandwich	Whole Wheat Toast	Biscuits & Gravy	Whole Wheat Toast
Bagel	Fruit	Bagel	Fruit	Bagel
Milk	Milk	Milk	Milk	Milk

Lunch Menu June 2023

Lyle Secondary School

Terrie Stephenson Lead Cook Elizabeth Abrams Assist. Cook

Provision 2: All Student Meals are FREE OF CHARGE Choice of: 1% White Milk or Non-Fat Milk

		70 Willie Will Of I		
			1	2
			Teriyaki Chicken	Hot Dog on Bun
			Brown Rice	Beans
			Veggie Tray	Salad
			Fruit	Fruit
			Milk	Milk
5	6	7	8	9
Chicken Nuggets	Hambuger on Bun	Chicken Gravy	Sub Sandwich	Chili
Macaroni & Cheese	Fries	Mashed Potatoes	Veggie Tray	Cornbread
Veggie Tray	Fruit	Corn	Fruit	Salad
Fruit	Salad	Veggie Tray	String Cheese	Veggie Tray
		Mixed Fruit	Granola Bar	Fruit
		Roll		
Milk	Milk	Milk	Milk	Milk
12	13	14	15	16
POTENTIAL SNOW DAY	POTENTIAL SNOW DAY	POTENTIAL SNOW DAY	POTENTIAL SNOW DAY	POTENTIAL SNOW DAY
Teriyaki Dippers	Pepperoni or	Toasted Ham &	Chicken Fajitas	Spaghetti
Brown Rice	Cheese Pizza	Cheese Sandwich	W/Tortilla	Meat Sauce
Veggie Tray	Salad	Soup	Refried Beans	Salad
Fruit	Fruit	Veggie Tray	Spanish Rice	Fruit
Bread		Gruit	Salad	Bread
			Fruit	
Milk	Milk	Milk	Milk	Milk
19	20	21	22	23