

Lyle Secondary School

Terrie Stephenson
Lead Cook
Elizabeth Abrams
Assist. Cook

Breakfast Menu

August 2022

Provision 2: All Student Meals are FREE OF CHARGE

Choice of: 1% White Milk or Non-Fat Milk

Monday	Tuesday	Wednesday	Thursday	Friday
		24	25	26
		Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk
29	30	31	Septemeber 1	2
Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Sasauge Muffin Sandwich Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk

Menu Subject to Change Without Notice

Menu Based on U.S.D.A. Guidelines

Lyle School District is an Equal Opportunity Employer

Lunch Menu
August 2022

Lyle Secondary School

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Choice of: 1% White Milk or Non-Fat Milk

		24	25	26
		Chicken Gravy Mashed Potatoes Corn Veggie Tray Mixed Fruit Roll Milk	Sub Sandwich Veggie Tray Fruit String Cheese Granola Bar Milk	Chili Cornbread Veggie Tray Fruit Milk
29	30	31	Septemeber 1	2
Teriyaki Dippers Brown Rice Veggie Tray Fruit Bread Milk	Pepperoni or Cheese Pizza Salad Fruit Milk	Toasted Ham & Cheese Sandwich Soup Veggie Tray Gruit Milk	Chicken Fajitas W/Tortilla Refried Beans Spanish Rice Salad Fruit Milk	Spaghetti Meat Sauce Salad Fruit Bread Milk

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Lyle Secondary School

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Assist. Cook

**Breakfast Menu
September 2022**

**Provision 2: All Student Meals are FREE OF CHARGE
Choice of: 1% White Milk or Non-Fat Milk**

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Assorted Cereal OR Biscuits & Gravy Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk
5	6	7	8	9
No School Labor Day	Assorted Cereal OR Breakfast Sandwich Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk
12	13	14	15	16
Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Breakfast Sandwich Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk
19	20	21	22	23
Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Breakfast Sandwich Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk
26	27	28	29	30
Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Breakfast Sandwich Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk

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Lunch Menu
September 2022

Lyle Secondary School

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Provision 2: All Student Meals are FREE OF CHARGE
Choice of: 1% White Milk or Non-Fat Milk

			1	2
			Chicken Fajitas W/Tortilla Refried Beans Spanish Rice Salad Fruit Milk	Spaghetti Meat Sauce Salad Fruit Bread Milk
5	6	7	8	9
No School Labor Day	Turkey or Tuna Sandwiches Tomato or Chicken Noodle Soup Salad Milk	Hamburger Gravy Mashed Potatoes Corn Veggie Tray Fruit Whole Wheat Roll Milk	Chili Cheese Nachos Veggie Tray Fruit Graham Cracker Milk	Pepperoni or Cheese Pizza Salad Fruit Milk
12	13	14	15	16
Chicken Patty Sandwich Tater Tots Salad Fruit Milk	Beef Taco Beans Salad Fruit Milk	Spaghetti Meat Sauce Salad Fruit Bread Milk	Teriyaki Chicken Brown Rice Veggie Tray Fruit Milk	Hot Dog on Bun Beans Salad Fruit Milk
19	20	21	22	23
Chicken Nuggets Macaroni & Cheese Veggie Tray Fruit Milk	Hamburger on Bun Fries Fruit Salad Milk	Chicken Gravy Mashed Potatoes Corn Veggie Tray Mixed Fruit Roll Milk	Sub Sandwich Veggie Tray Fruit String Cheese Granola Bar Milk	Chili Cornbread Salad Veggie Tray Fruit Milk
26	27	28	29	30
Teriyaki Dippers Brown Rice Veggie Tray Fruit Bread Milk	Pepperoni or Cheese Pizza Salad Fruit Milk	Toasted Ham & Cheese Sandwich Soup Veggie Tray Fruit Milk	Chicken Fajitas W/Tortilla Refried Beans Spanish Rice Salad Fruit Milk	Spaghetti Meat Sauce Salad Fruit Bread Milk

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Lyle Secondary School

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Assist. Cook

**Breakfast Menu
October 2022**

**Provision 2: All Student Meals are FREE OF CHARGE
Choice of: 1% White Milk or Non-Fat Milk**

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Breakfast Sandwich Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk
10	11	12	13	14
Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Breakfast Sandwich Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk
17	18	19	20	21
Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Breakfast Sandwich Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	No School Teacher Training Day
24	25	26	27	
Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Breakfast Sandwich Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk
3	4	5	6	7
Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Breakfast Sandwich Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk

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Lunch Menu
October 2022

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Choice of: 1% White Milk or Non-Fat Milk

3	4	5	6	7
Corn Dog French Fries Veggie Tray Fruit Milk	Turkey or Tuna Sandwiches Tomato or Chicken Noodle Soup Salad Milk	Hamburger Gravy Mashed Potatoes Corn Veggie Tray Fruit Whole Wheat Roll Milk	Chili Cheese Nachos Veggie Tray Fruit Graham Cracker Milk	Pepperoni or Cheese Pizza Salad Fruit Milk
10	11	12	13	14
Chicken Patty Sandwich Tater Tots Salad Fruit Milk	Beef Taco Beans Salad Fruit Milk	Spaghetti Meat Sauce Salad Fruit Bread Milk	Teriyaki Chicken Brown Rice Veggie Tray Fruit Milk	Hot Dog on Bun Beans Salad Fruit Milk
17	18	19	20	21
Chicken Nuggets Macaroni & Cheese Veggie Tray Fruit Milk	Hamburger on Bun Fries Fruit Salad Milk	Chicken Gravy Mashed Potatoes Corn Veggie Tray Mixed Fruit Roll Milk	Sub Sandwich Veggie Tray Fruit String Cheese Granola Bar Milk	No School Teacher Training Day
24	25	26	27	28
Teriyaki Dippers Brown Rice Veggie Tray Fruit Bread Milk	Pepperoni or Cheese Pizza Salad Fruit Milk	Toasted Ham & Cheese Sandwich Soup Veggie Tray Fruit Milk	Chicken Fajitas W/Tortilla Refried Beans Spanish Rice Salad Fruit Milk	Spaghetti Meat Sauce Salad Fruit Bread Milk
31	November 1	2	3	4
Corn Dog French Fries Veggie Tray Fruit Milk	Turkey or Tuna Sandwiches Tomato or Chicken Noodle Soup Salad Milk	Hamburger Gravy Mashed Potatoes Corn Veggie Tray Fruit Whole Wheat Roll Milk	Chili Cheese Nachos Veggie Tray Fruit Graham Cracker Milk	Pepperoni or Cheese Pizza Salad Fruit Milk

Menu Subject to Change Without Notice

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**Breakfast Menu
November 2022**

**Provision 2: All Student Meals are FREE OF CHARGE-
Choice of: 1% White Milk or Non-Fat Milk**

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Assorted Cereal OR Breakfast Sandwich Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk
7	8	9	10	11
Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Breakfast Sandwich Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	No School Veteran's day
14	15	16	17	18
Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Breakfast Sandwich Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk
21	22	23	24	25
Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Breakfast Sandwich Fruit Milk	No School Thanksgiving Break	No School Thanksgiving	No School Native American Heritage Day
28	29	30	December 1	2
Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Breakfast Sandwich Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk

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November 2022

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Provision 2: All Student Meals are FREE OF CHARGE
Choice of: 1% White Milk or Non-Fat Milk

	1	2	3	4
Chicken Patty Sandwich Tater Tots Salad Fruit Milk	Beef Taco Beans Salad Fruit Milk	Spaghetti Meat Sauce Salad Fruit Bread Milk	Teriyaki Chicken Brown Rice Veggie Tray Fruit Milk	Hot Dog on Bun Beans Salad Fruit Milk
7	8	9	10	11
Chicken Nuggets Macaroni & Cheese Veggie Tray Fruit Milk	Hamburger on Bun Fries Fruit Salad Milk	Chicken Gravy Mashed Potatoes Corn Veggie Tray Mixed Fruit Roll Milk	Sub Sandwich Veggie Tray Fruit String Cheese Granola Bar Milk	No School Veteran's day
14	15	16	17	18
Teriyaki Dippers Brown Rice Veggie Tray Fruit Bread Milk	Pepperoni or Cheese Pizza Salad Fruit Milk	Toasted Ham & Cheese Sandwich Soup Veggie Tray Gruit Milk	Chicken Fajitas W/Tortilla Refried Beans Spanish Rice Salad Fruit Milk	Spaghetti Meat Sauce Salad Fruit Bread Milk
21	22	23	24	25
Corn Dog French Fries Veggie Tray Fruit Milk	Turkey or Tuna Sandwiches Tomoato or Chicken Noodle Soup Salad Milk	No School Thanksgiving Break	No School Thanksgiving	No School Native American Heritage Day
28	29	30	December 1	2
Chicken Patty Sandwich Tater Tots Salad Fruit Milk	Beef Taco Beans Salad Fruit Milk	Spaghetti Meat Sauce Salad Fruit Bread Milk	Teriyaki Chicken Brown Rice Veggie Tray Fruit Milk	Hot Dog on Bun Beans Salad Fruit Milk

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**Breakfast Menu
December 2022**

**Provision 2: All Student Meals are FREE OF CHARGE
Choice of: 1% White Milk or Non-Fat Milk**

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Assorted Cereal OR Biscuits & Gravy Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk
5	6	7	8	9
Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Breakfast Sandwich Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk
12	13	14	15	16
Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Breakfast Sandwich Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk
19	20	21	22	23
Winter Break				
26	27	28	December 1	2
Winter Break				

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Lunch Menu
December 2022

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Provision 2: All Student Meals are FREE OF CHARGE
Choice of: 1% White Milk or Non-Fat Milk

			1	2
			Teriyaki Chicken Brown Rice Veggie Tray Fruit Milk	Hot Dog on Bun Beans Salad Fruit Milk
5	6	7	8	9
Chicken Nuggets Macaroni & Cheese Veggie Tray Fruit Milk	Hamburger on Bun Fries Fruit Salad Milk	Chicken Gravy Mashed Potatoes Corn Veggie Tray Mixed Fruit Roll Milk	Sub Sandwich Veggie Tray Fruit String Cheese Granola Bar Milk	Chili Cornbread Salad Veggie Tray Fruit Milk
12	13	14	15	16
Teriyaki Dippers Brown Rice Veggie Tray Fruit Bread Milk	Pepperoni or Cheese Pizza Salad Fruit Milk	Toasted Ham & Cheese Sandwich Soup Veggie Tray Gruit Milk	Chicken Fajitas W/Tortilla Refried Beans Spanish Rice Salad Fruit Milk	Spaghetti Meat Sauce Salad Fruit Bread Milk
19	20	21	22	23
Winter Break				
26	27	28	December 1	2
Winter Break				

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**Breakfast Menu
January 2023**

**Provision 2: All Student Meals are FREE OF CHARGE
Choice of: 1% White Milk or Non-Fat Milk**

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Breakfast Sandwich Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk
9	10	11	12	13
Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Breakfast Sandwich Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk
16	17	18	19	20
No School MLK Day	Assorted Cereal OR Breakfast Sandwich Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk
23	24	25	26	27
Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Breakfast Sandwich Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk
30	31	1	2	3
Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Breakfast Sandwich Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk

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January 2023

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Choice of: 1% White Milk or Non-Fat Milk

2	3	4	5	6
Corn Dog French Fries Veggie Tray Fruit Milk	Turkey or Tuna Sandwiches Tomato or Chicken Noodle Soup Salad Milk	Hamburger Gravy Mashed Potatoes Corn Veggie Tray Fruit Whole Wheat Roll Milk	Chili Cheese Nachos Veggie Tray Fruit Graham Cracker Milk	Pepperoni or Cheese Pizza Salad Fruit Milk
9	10	11	12	13
Chicken Patty Sandwich Tater Tots Salad Fruit Milk	Beef Taco Beans Salad Fruit Milk	Spaghetti Meat Sauce Salad Fruit Bread Milk	Teriyaki Chicken Brown Rice Veggie Tray Fruit Milk	Hot Dog on Bun Beans Salad Fruit Milk
16	17	18	19	20
No School MLK Day	Hamburger on Bun Fries Fruit Salad Milk	Chicken Gravy Mashed Potatoes Corn Veggie Tray Mixed Fruit Roll Milk	Sub Sandwich Veggie Tray Fruit String Cheese Granola Bar Milk	Chili Cornbread Salad Veggie Tray Fruit Milk
23	24	25	26	27
Teriyaki Dippers Brown Rice Veggie Tray Fruit Bread Milk	Pepperoni or Cheese Pizza Salad Fruit Milk	Toasted Ham & Cheese Sandwich Soup Veggie Tray Fruit Milk	Chicken Fajitas W/Tortilla Refried Beans Spanish Rice Salad Fruit Milk	Spaghetti Meat Sauce Salad Fruit Bread Milk
30	31	1	2	3
Corn Dog French Fries Veggie Tray Fruit Milk	Turkey or Tuna Sandwiches Tomato or Chicken Noodle Soup Salad Milk	Hamburger Gravy Mashed Potatoes Corn Veggie Tray Fruit Whole Wheat Roll Milk	Chili Cheese Nachos Veggie Tray Fruit Graham Cracker Milk	Pepperoni or Cheese Pizza Salad Fruit Milk

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Assist. Cook

**Breakfast Menu
February 2023**

**Provision 2: All Student Meals are FREE OF CHARGE
Choice of: 1% White Milk or Non-Fat Milk**

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk
6	7	8	9	10
Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Breakfast Sandwich Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	No School Teacher Training Day
13	14	15	16	17
Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Breakfast Sandwich Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	No School
20	21	22	23	24
No School President's Day	Assorted Cereal OR Breakfast Sandwich Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk
27	28	1	2	3
Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Breakfast Sandwich Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk

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Lunch Menu
February 2023

Lyle Secondary School

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Assist. Cook

Provision 2: All Student Meals are FREE OF CHARGE
Choice of: 1% White Milk or Non-Fat Milk

		1	2	3
		Spaghetti Meat Sauce Salad Fruit Bread Milk	Teriyaki Chicken Brown Rice Veggie Tray Fruit Milk	Hot Dog on Bun Beans Salad Fruit Milk
6	7	8	9	10
Chicken Nuggets Macaroni & Cheese Veggie Tray Fruit Milk	Hamburger on Bun Fries Fruit Salad Milk	Chicken Gravy Mashed Potatoes Corn Veggie Tray Mixed Fruit Roll Milk	Sub Sandwich Veggie Tray Fruit String Cheese Granola Bar Milk	No School Teacher Training Day
13	14	15	16	17
Teriyaki Dippers Brown Rice Veggie Tray Fruit Bread Milk	Pepperoni or Cheese Pizza Salad Fruit Milk	Toasted Ham & Cheese Sandwich Soup Veggie Tray Fruit Milk	Chicken Fajitas W/Tortilla Refried Beans Spanish Rice Salad Fruit Milk	No School
20	21	22	23	24
No School President's Day	Turkey or Tuna Sandwiches Tomato or Chicken Noodle Soup Salad Milk	Hamburger Gravy Mashed Potatoes Corn Veggie Tray Fruit Whole Wheat Roll Milk	Chili Cheese Nachos Veggie Tray Fruit Graham Cracker Milk	Pepperoni or Cheese Pizza Salad Fruit Milk
27	28	1	2	3
Chicken Patty Sandwich Tater Tots Salad Fruit Milk	Beef Taco Beans Salad Fruit Milk	Spaghetti Meat Sauce Salad Fruit Bread Milk	Teriyaki Chicken Brown Rice Veggie Tray Fruit Milk	Hot Dog on Bun Beans Salad Fruit Milk

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Assist. Cook

**Breakfast Menu
March 2023**

**Provision 2: All Student Meals are FREE OF CHARGE
Choice of: 1% White Milk or Non-Fat Milk**

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk
6	7	8	9	10
Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Breakfast Sandwich Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk
13	14	15	16	17
Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Breakfast Sandwich Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk
20	21	22	23	24
Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Breakfast Sandwich Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk
27	28	29	30	31

Spring Break

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Provision 2: All Student Meals are FREE OF CHARGE
Choice of: 1% White Milk or Non-Fat Milk

		1	2	3
		Spaghetti Meat Sauce Salad Fruit Bread Milk	Teriyaki Chicken Brown Rice Veggie Tray Fruit Milk	Hot Dog on Bun Beans Salad Fruit Milk
6	7	8	9	10
Chicken Nuggets Macaroni & Cheese Veggie Tray Fruit Milk	Hamburger on Bun Fries Fruit Salad Milk	Chicken Gravy Mashed Potatoes Corn Veggie Tray Mixed Fruit Roll Milk	Sub Sandwich Veggie Tray Fruit String Cheese Granola Bar Milk	Chili Cornbread Salad Veggie Tray Fruit Milk
13	14	15	16	17
Teriyaki Dippers Brown Rice Veggie Tray Fruit Bread Milk	Pepperoni or Cheese Pizza Salad Fruit Milk	Toasted Ham & Cheese Sandwich Soup Veggie Tray Fruit Milk	Chicken Fajitas W/Tortilla Refried Beans Spanish Rice Salad Fruit Milk	Spaghetti Meat Sauce Salad Fruit Bread Milk
20	21	22	23	24
Corn Dog French Fries Veggie Tray Fruit Milk	Turkey or Tuna Sandwiches Tomato or Chicken Noodle Soup Salad Milk	Hamburger Gravy Mashed Potatoes Corn Veggie Tray Fruit Whole Wheat Roll Milk	Chili Cheese Nachos Veggie Tray Fruit Graham Cracker Milk	Pepperoni or Cheese Pizza Salad Fruit Milk
27	28	29	30	31

Spring Break

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**Breakfast Menu
April 2023**

**Provision 2: All Student Meals are FREE OF CHARGE
Choice of: 1% White Milk or Non-Fat Milk**

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk
6	7	8	9	10
Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Breakfast Sandwich Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	No School Teacher Training Day
13	14	15	16	17
Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Breakfast Sandwich Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	No School
20	21	22	23	24
No School President's Day	Assorted Cereal OR Breakfast Sandwich Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk
27	28	1	2	3
Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Breakfast Sandwich Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk

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Lunch Menu
April 2023

Lyle Secondary School

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Assist. Cook

Provision 2: All Student Meals are FREE OF CHARGE
Choice of: 1% White Milk or Non-Fat Milk

3	4	5	6	7
Chicken Patty Sandwich Tater Tots Salad Fruit Milk	Beef Taco Beans Salad Fruit Milk	Spaghetti Meat Sauce Salad Fruit Bread Milk	Teriyaki Chicken Brown Rice Veggie Tray Fruit Milk	Hot Dog on Bun Beans Salad Fruit Milk
10	11	12	13	14
Chicken Nuggets Macaroni & Cheese Veggie Tray Fruit Milk	Hamburger on Bun Fries Fruit Salad Milk	Chicken Gravy Mashed Potatoes Corn Veggie Tray Mixed Fruit Roll Milk	Sub Sandwich Veggie Tray Fruit String Cheese Granola Bar Milk	Chili Cornbread Salad Veggie Tray Fruit Milk
17	18	19	20	21
Teriyaki Dippers Brown Rice Veggie Tray Fruit Bread Milk	Pepperoni or Cheese Pizza Salad Fruit Milk	Toasted Ham & Cheese Sandwich Soup Veggie Tray Fruit Milk	Chicken Fajitas W/Tortilla Refried Beans Spanish Rice Salad Fruit Milk	Spaghetti Meat Sauce Salad Fruit Bread Milk
24	25	26	27	28
Corn Dog French Fries Veggie Tray Fruit Milk	Turkey or Tuna Sandwiches Tomato or Chicken Noodle Soup Salad Milk	Hamburger Gravy Mashed Potatoes Corn Veggie Tray Fruit Whole Wheat Roll Milk	Chili Cheese Nachos Veggie Tray Fruit Graham Cracker Milk	Pepperoni or Cheese Pizza Salad Fruit Milk

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Assist. Cook

Breakfast Menu May 2023

Provision 2: All Student Meals are FREE OF CHARGE
Choice of: 1% White Milk or Non-Fat Milk

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
		Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk
8	9	10	11	12
Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Breakfast Sandwich Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk
15	16	17	18	19
Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Breakfast Sandwich Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	No School Teacher Learning Day
22	23	24	25	26
Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Breakfast Sandwich Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	No School
29	30	31	1	2
No School Memorial Day	Assorted Cereal OR Breakfast Sandwich Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk

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Lunch Menu
April 2023

Lyle Secondary School

Terrie Stephenson
Lead Cook
Elizabeth Abrams
Assist. Cook

Provision 2: All Student Meals are FREE OF CHARGE
Choice of: 1% White Milk or Non-Fat Milk

1	2	3	4	5
Chicken Patty Sandwich Tater Tots Salad Fruit Milk	Beef Taco Beans Salad Fruit Milk	Spaghetti Meat Sauce Salad Fruit Bread Milk	Teriyaki Chicken Brown Rice Veggie Tray Fruit Milk	Hot Dog on Bun Beans Salad Fruit Milk
8	9	10	11	12
Chicken Nuggets Macaroni & Cheese Veggie Tray Fruit Milk	Hamburger on Bun Fries Fruit Salad Milk	Chicken Gravy Mashed Potatoes Corn Veggie Tray Mixed Fruit Roll Milk	Sub Sandwich Veggie Tray Fruit String Cheese Granola Bar Milk	Chili Cornbread Salad Veggie Tray Fruit Milk
15	16	17	18	19
Teriyaki Dippers Brown Rice Veggie Tray Fruit Bread Milk	Pepperoni or Cheese Pizza Salad Fruit Milk	Toasted Ham & Cheese Sandwich Soup Veggie Tray Fruit Milk	Chicken Fajitas W/Tortilla Refried Beans Spanish Rice Salad Fruit Milk	No School Teacher Learning Day
22	23	24	25	26
Corn Dog French Fries Veggie Tray Fruit Milk	Turkey or Tuna Sandwiches Tomoato or Chicken Noodle Soup Salad Milk	Hamburger Gravy Mashed Potatoes Corn Veggie Tray Fruit Whole Wheat Roll Milk	Chili Cheese Nachos Veggie Tray Fruit Graham Cracker Milk	No School
29	30	31	1	2
No School Memorial Day	Beef Taco Beans Salad Fruit Milk	Spaghetti Meat Sauce Salad Fruit Bread Milk	Teriyaki Chicken Brown Rice Veggie Tray Fruit Milk	Hot Dog on Bun Beans Salad Fruit Milk

Menu Subject to Change Without Notice

Menu Based on U.S.D.A. Guidelines

Lyle School District is an Equal Opportunity Employer

Lyle Secondary School

Terrie Stephenson
Lead Cook
Elizabeth Abrams
Assist. Cook

**Breakfast Menu
June 2023**

**Provision 2: All Student Meals are FREE OF CHARGE
Choice of: 1% White Milk or Non-Fat Milk**

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Assorted Cereal OR Biscuits & Gravy Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk
5	6	7	8	9
Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Breakfast Sandwich Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk
12	13	14	15	16
POTENTIAL SNOW DAY	POTENTIAL SNOW DAY	POTENTIAL SNOW DAY	POTENTIAL SNOW DAY	POTENTIAL SNOW DAY
Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Breakfast Sandwich Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk	Assorted Cereal OR Biscuits & Gravy Fruit Milk	Assorted Cereal Fruit Whole Wheat Toast Bagel Milk

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Lunch Menu
June 2023

Lyle Secondary School

Terrie Stephenson
Lead Cook
Elizabeth Abrams
Assist. Cook

Provision 2: All Student Meals are FREE OF CHARGE
Choice of: 1% White Milk or Non-Fat Milk

			1	2
			Teriyaki Chicken Brown Rice Veggie Tray Fruit Milk	Hot Dog on Bun Beans Salad Fruit Milk
5	6	7	8	9
Chicken Nuggets Macaroni & Cheese Veggie Tray Fruit Milk	Hamburger on Bun Fries Fruit Salad Milk	Chicken Gravy Mashed Potatoes Corn Veggie Tray Mixed Fruit Roll Milk	Sub Sandwich Veggie Tray Fruit String Cheese Granola Bar Milk	Chili Cornbread Salad Veggie Tray Fruit Milk
12	13	14	15	16
POTENTIAL SNOW DAY	POTENTIAL SNOW DAY	POTENTIAL SNOW DAY	POTENTIAL SNOW DAY	POTENTIAL SNOW DAY
Teriyaki Dippers Brown Rice Veggie Tray Fruit Bread Milk	Pepperoni or Cheese Pizza Salad Fruit Milk	Toasted Ham & Cheese Sandwich Soup Veggie Tray Fruit Milk	Chicken Fajitas W/Tortilla Refried Beans Spanish Rice Salad Fruit Milk	Spaghetti Meat Sauce Salad Fruit Bread Milk
19	20	21	22	23

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