

# BREAKFAST & LUNCH MENU

# OCTOBER 2025

*Lyle School District*

Elizabeth Abrams – Lead Cook  
Stefani Rains – Assist. Cook

CEP District: All Student Meals are FREE OF CHARGE  
Choice of 1% White Milk or Non-Fat Milk

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

WW Toast, Assorted Cereal, Fruit, Milk

**6**

Spaghetti, Meat Sauce, Bread, Corn, Carrots, Salad, Bread, Fruit, Milk

WW Toast, Assorted Cereal, Fruit, Milk

**13**

Chicken Nuggets, Tots, Veggie Tray, Salad, Fruit, Milk

WW Toast, Assorted Cereal, Fruit, Milk

**20**

Teriyaki Dippers, Brown Rice, Steamed Broccoli, Carrots, Salad, Fruit, Milk

WW Toast, Assorted Cereal, Fruit, Milk

**27**

Hamburger, French Fries, Veggie Tray, Salad, Fruit, Milk

Biscuits & Gravy, WW Toast, Assorted Cereal, Fruit, Milk

**7**

Turkey or Ham Sandwich, Cheese Stick, Granola Bar, Veggies, Salad, Fruit, Milk

French Toast, WW Toast, Assorted Cereal, Fruit, Milk

**14**

Orange Chicken, Brown Rice, Steamed Broccoli, Carrots, Salad, Fruit, Milk

BF Sandwich, WW Toast, Assorted Cereal, Fruit, Milk

**21**

Chicken Alfredo, Corn, Carrots, Salad, Bread, Fruit, Milk

Biscuits & Gravy, WW Toast, Assorted Cereal, Fruit, Milk

**28**

Turkey or Tuna Sandwich, Tomato or Chicken Noodle Soup, Salad, Milk

WW Toast, Assorted Cereal, Fruit, Milk

**1**

Toasted Ham/Cheese Sandwich, Soup, Veggie Tray, Salad, Fruit, Milk

WW Toast, Assorted Cereal, Fruit, Milk

**8**

Chicken Patty Sandwich, Fries, Veggie Tray, Salad, Fruit, Milk

WW Toast, Assorted Cereal, Fruit, Milk

**15**

Hamburger, Gravy, Mashed Potatoes, Green Beans, Carrots, Salad, WW Roll, Fruit, Milk

WW Toast, Assorted Cereal, Fruit, Milk

**22**

Turkey or Ham Sandwich, Soup, Veggie Tray, Fruit, Milk

WW Toast, Assorted Cereal, Fruit, Milk

**29**

Chicken, Gravy, Mashed Potatoes, Corn, Veggie Tray, WW Roll, Fruit, Milk

Stuffed Sausage, WW Toast, Assorted Cereal, Fruit, Milk

**2**

Taco, WW Tortilla, Refried Beans, Veggie Tray, Salad, Fruit, Milk

Breakfast Burrito, WW Toast, Assorted Cereal, Fruit, Milk

**9**

Teriyaki Chicken, Brown Rice, Steamed Broccoli, Carrots, Salad, Fruit, Milk

Biscuits & Gravy, WW Toast, Assorted Cereal, Fruit, Milk

**16**

Turkey or PBJ Sandwich, String Cheese, Granola Bar, Veggie Tray, Fruit, Milk

Biscuits & Gravy, WW Toast, Assorted Cereal, Fruit, Milk

**23**

Chicken Fajitas, WW Tortilla, Refried Beans, Spanish Rice, Salad, Fruit, Milk

Omelet, WW Toast, Assorted Cereal, Fruit, Milk

**30**

Chili Cheese Nachos, Veggie Tray, Salad, Fruit, Milk

WW Toast, Assorted Cereal, Fruit, Milk

**3**

Pepperoni or Cheese Pizza, Salad, Fruit, Milk

WW Toast, Assorted Cereal, Fruit, Milk

**10**

Hot Dog on Bun, Beans, Salad, Fruit, Milk

WW Toast, Assorted Cereal, Fruit, Milk

**17**

Chili, Cornbread, Veggie Tray, Salad, Fruit, Milk

WW Toast, Assorted Cereal, Fruit, Milk

**24**

Corn Dog, Fries, Veggie Tray, Salad, Fruit, Milk

WW Toast, Assorted Cereal, Fruit, Milk

**31**

Pepperoni or Cheese Pizza, Salad, Fruit, Milk



**This Institute is an Equal Opportunity Employer**  
*Menu Subject to Change Without Notice*