

BREAKFAST & LUNCH MENU



SEPTEMBER 2025

Lyle School District

Elizabeth Abrams – Lead Cook

Stefani Rains – Assist. Cook

CEP District: All Student Meals are FREE OF CHARGE

Choice of 1% White Milk or Non-Fat Milk

Monday

**No School
Labor Day**

Tuesday

Wednesday

Thursday

Friday

1

Breakfast Burrito, WW
Toast, Assorted Cereal,
Fruit, Milk

2

Ham or PBJ, Cheese Stick,
Granola Bar, Veggie Tray,
Salad, Fruit, Milk

3

WW Toast, Assorted
Cereal, Fruit, Milk

Chicken Fajitas, WW Tortilla,
Refried Beans, Spanish Rice,
Veggie Tray, Salad, Fruit, Milk

4

Biscuits & Gravy, WW
Toast, Assorted Cereal,
Fruit, Milk

Hamburgers, WW Bun, Jojos,
Veggie Tray, Salad, Fruit, Milk

5

WW Toast, Assorted
Cereal, Fruit, Milk

Spaghetti, Meat Sauce, Bread,
Corn, Carrots, Salad, Fruit,
Milk

8

WW Toast, Assorted
Cereal, Fruit, Milk

Chicken Nuggets, Fries, Veg-
gie Tray, Salad, Fruit, Milk

9

Omelet, WW Toast,
Assorted Cereal, Fruit, Milk

Turkey or Tuna Sandwich,
Cheese Stick, Granola Bar,
Veggie Tray, Salad, Fruit, Milk

10

WW Toast, Assorted
Cereal, Fruit, Milk

Hamburger, Gravy, Mashed
Potatoes, WW Roll, Green
Beans, Carrots, Salad, Fruit,
Milk

11

BF Sandwich, WW
Toast, Assorted Cereal,
Fruit, Milk

Chili Cheese Nachos, Veggie
Tray, Salad, Fruit, Milk

12

WW Toast, Assorted
Cereal, Fruit, Milk

Orange Chicken, Brown Rice,
Steamed Broccoli, Carrots,
Salad, WW Roll, Fruit, Milk

15

WW Toast, Assorted
Cereal, Fruit, Milk

Chicken Patty Sandwich, Ta-
ter Tots, Salad, Fruit, Milk

16

French Toast, WW Toast,
Assorted Cereal, Fruit, Milk

Tacos, WW Tortilla, Refried
Beans, Veggie Tray, Salad,
Fruit, Milk

17

WW Toast, Assorted
Cereal, Fruit, Milk

Ham or Turkey Sandwich,
Cheese Stick, Granola Bar,
Fruit, Milk

18

Stuffed Sausage, WW
Toast, Assorted
Cereal, Fruit, Milk

Teriyaki Chicken, Brown Rice,
Steamed Broccoli/Carrots,
Salad, Fruit, Milk

19

WW Toast, Assorted
Cereal, Fruit, Milk

Hot Dog on Bun, Baked
Beans, Veggie Tray, Salad,
Fruit, Milk

22

WW Toast, Assorted
Cereal, Fruit, Milk

Chicken Nuggets, Mac &
Cheese, Veggie Tray, Salad,
Fruit, Milk

23

Biscuits & Gravy, WW
Toast, Assorted Cereal,
Fruit, Milk

Corn Dog, Fries, Veggie Tray,
Salad, Fruit, Milk

24

WW Toast, Assorted
Cereal, Fruit, Milk

Chicken, Gravy, Mashed Pota-
toes, Corn, Carrots, Salad,
WW Roll, Fruit, Milk

25

Omelet, WW Toast,
Assorted Cereal, Fruit, Milk

Turkey or PBJ Sandwich,
Cheese Stick, Granola Bar,
Fruit, Milk

26

WW Toast, Assorted
Cereal, Fruit, Milk

Chili, Cornbread, Veggie Tray,
Salad, Fruit, Milk

29

WW Toast, Assorted
Cereal, Fruit, Milk

Teriyaki Dippers, Brown Rice,
Steamed Broccoli, Carrots,
Salad, WW Roll, Fruit, Milk

30

French Toast, WW Toast,
Assorted, Cereal, Fruit, Milk

Hamburger, WW Bun, Fries,
Veggie Tray, Salad, Fruit, Milk

This Institute is an Equal Opportunity Employer

Menu Subject to Change Without Notice