INTRODUCTION

In order to accomplish the objectives stated, it is necessary to develop and maintain a team and individual spirit based on an appropriate atmosphere, discipline, behavior, socially acceptable dress, and grooming.

Regulations establish this desirable, positive spirit. These regulations aid in building spirit and allow for the development of character, initiative, and teamwork while still allowing for individual differences and rights.

The purpose of this handbook is to establish the policies, regulations, rights, and responsibilities under which the student/athlete must operate.

OBJECTIVES

The Lyle Athletic program strives to develop physical excellence and understanding of the value of competition in our society through recognition of outstanding performance by emphasizing the educational value of learning to compete.

To develop good citizenship and respect for rules and authority by:

1. Instilling principles of justice, fair play, and good sportsmanship.
2. Providing the opportunity to adjust individual rules to common goals of the overall program.
3. Encouraging proper behavior at public and organized school functions.

To promote and contribute to the goals of the total educational program:

1. Through the development of physical fitness and the realization that a healthy body increases the probability of effective learning.
2. By providing a strong program that attracts student body interest, and motivation of a positive learning atmosphere.

To promote community interest and involvement in school athletics by:

1. Providing enjoyable experiences for participants and spectators.
2. Establishing rules and standards for athletics that are within community expectations.
GENERAL INFORMATION

Copies of this handbook will be made available to all administrators, coaches, and one copy for each student athlete and their parent(s). A student Code of Conduct Contract will be provided in each athletic packet. The student and parent(s) must sign the Code of Conduct contract form stating that they have received, read, and understand the handbook and that students agree to comply with the expectations of being a Lyle Schools Athlete. This form must be returned before the student can participate in any extra-curricular activities.

W.I.A.A. COMPLIANCE

Interscholastic athletics in the Lyle School District shall adhere to and comply with all the regulations prescribed for the secondary athletic programs by the W.I.A.A. and the Board of Directors of the Lyle School District.

PARTICIPATION

In order to participate in extra-curricular activities, a student must have the following on file, in the Lyle Schools Office:

- Purchase an ASB Membership
- Up-to-Date Physical (Good for 24 continuous months)
- Up-To-Date Insurance
- Signed Parent Consent
- Signed Concussion Information Sheet
- Signed Code of Conduct
- Signed Emergency Medical Release Form
- ASB Membership

ATHLETIC SAFETY GUIDELINES

This school strives to protect each student from possible injury while engaging in school activities. The guidelines and/or practices identified below have been established for this activity in order to protect the student and others from injury and/or illness. Participants and their parents/guardians should recognize that conditioning, nutrition, proper techniques, safety procedures, and well-fitting equipment are important aspects of this training program. Each participant is expected to follow the directions/standards of the coach. Guidelines are as follows:
ALL SPORTS:

1. Make certain that you wear all equipment that is issued by the coach. Advise the coach of any poorly fitting or defective equipment.
2. Advise the coach if you are ill or have any prolonged symptoms of illness.
3. Advise the coach if you have been injured.
4. Engage in warm-up activities prior to strenuous participation.
5. Be alert for any physical hazards in the locker room or in or around the participation area.
6. Advise the coach of any hazards.

TRAINING RULES AND RESPONSIBILITIES

It is not the intent of these training rules to interfere with your private life outside of school or to imply that coaches and administrators will be on duty 24 hours a day, but that these rules will be enforced 24 hours a day during the season you are competing. All those who violate these rules should expect disciplinary action.

The student/athlete’s performance is directly related to the individual’s physical and mental well-being. In order to increase the opportunity for the individual’s success, the following rules are to be followed:

1. Respect the rights and property of others. You should treat others as you would like to be treated. You are representing your coaches, team, parents, school, and community. Your behavior on and off the playing field/court is a direct reflection of those groups and their influence on you. Improper behavior in the classroom, at sporting events, or in the community will be reviewed by the Coach/Principal/Athletic Director and could be determined to fall under the category of a 1st offense and result in season suspension or a suspension as determined by the Coach, Athletic Director and Principal.

2. Any student participating in any co-curricular activities or athletics, will not be allowed to associate with, use, distribute, or be in possession, (including possession by consumption), of any non-prescription drug, alcohol, tobacco or vaping product. This policy is in effect 24 hours a day, throughout the WIAA season in which the student/athlete participates. If you are representing the school by participating in athletics, age does not excuse you from the rules. Guilt will be determined by the student/athlete being observed, student/athlete admission, and/or law enforcement contact. Appearance or attendance at parties or gatherings where illegal use of alcoholic beverages, drugs, tobacco or vaping products are being used is prohibited. Students found to be in violation of this rule will also be referred to an Intervention Specialist.

3. Committing acts contrary to the Laws of the State of Washington (i.e., misdemeanors, gross misdemeanors, and felonies) will result in the student falling under the first or second offense in the penalty phase.

4. A student athlete or individual, wanting to participate in athletics, that has been involved in gross misconduct (i.e. Arrested for a felony or in the process of being charged for a felony) is ineligible to participate in athletics. The period of ineligibility will continue until:
• All legal ramifications have been resolved, or
• The situation has been resolved to the school district’s satisfaction

5. Student/athletes must follow school rules and policies as well as demonstrate good
citizenship towards teachers, coaches, and the public.

6. Attendance at all practices and games is mandatory unless excused by the Coach or school
rules and policies.

7. Students will be held financially accountable for issued equipment which is lost or damaged
through misuse.

8. The use of profane or obscene language will not be tolerated.

The Coaching Staff, and Athletic Director will coordinate all decisions related to disciplinary
action resulting from the violations of training rules and responsibilities. When this type of
disciplinary action is necessary, the following steps will be taken:

A. The coach will record, in writing, an account of the incident, rule violated, and the
recommended disciplinary action to be taken.
B. The Coach and the Athletic Director will review the incident and make a decision of the
disciplinary action.
C. A copy of the written account along with the disciplinary action will be provided to the
student/athlete, his or her parent/guardian and the Principal.

  o First Offense (of the year)—Suspension from 25% of the season. If less than
  25% of the season remains, the remainder of the suspension will be added to the
  next season in which the student/athlete competes. All decimals will be rounded
  up to full games. If the suspension is for rule #2, the suspended student/athlete
  must provide a clean urinalysis (UA) at the student/athlete’s own expense. If the
  UA is not clean, the student/athlete will not be able to participate until he/she has
  provided a clean UA at his/her own expense.
  o Second Offense (of the year)—Suspension from sports for the remainder of the
  school year. A clean UA will be required to participate in sports before
  participation the following year. Once again, the UA test will be done at the
  student/athlete’s own expense.

The above process should take place within five (5) school days of the incident, unless there are
reasonable circumstances that prevent doing so.

APPEAL PROCESS

A student/athlete or parent/guardian may appeal a disciplinary action within five (5) school days
with the following the date of being provided with the written decision.

The appeal must be made in writing in the following order:

1. Athletic Director/Principal
2. Superintendent
LYLE ELIGIBILITY RULES

A student/athlete must be enrolled in a minimum of 6 classes in a 7-period day in order to maintain athletic or co-curricular eligibility. Running Start students may play provided the school has verification of full time enrollment.

A student/athlete must be in attendance for five (5) full periods in a seven (7) period day in order to participate in athletics. Prearranged absences are the exception to this rule and must be approved through the office. The process to prearrange an absence is:

1. A parent/guardian must call/send a note to the office at least 2 days prior to the appointment
2. The student will email their teachers and copy the office staff informing their teachers of the absences and requesting any assignments

- Students returning late from a contest or event WILL NOT BE EXCUSED FROM ANY CLASSES THE FOLLOWING DAY. Failure to report to all classes the day after a contest or event will result in removal from the next contest and/or practice. We understand that there may be cases of illness or injury and this rule can be appealed to the Athletic Director by parents and/or guardians

Students must be passing all of their classes. Grades will be reported every Monday and any students with an “F” are considered ineligible to participate until the grade(s) has been brought up to passing. Coaches will be notified via email of any changes to eligibility during the week. Sufficient proof of passing grades must be supplied before the ineligible status is revoked

- A student/athlete who has failed two (2) or more classes during the preceding semester will automatically be ineligible for the first five (5) weeks of the following semester. This is a WIAA rule and cannot be contested.

During an Academic ineligibility period, a student/athlete may practice but may not travel with the team or compete in any games.

Disciplinary Eligibility

Athletes must remain in good standing and not have any current disciplinary issues. Students with an assigned ISS (In School Suspension), OSS (Out of School Suspension) or Expulsion (emergency or otherwise) may not participate in athletics practice or events, until the suspension(s) have been served or the student has been reinstated from an expulsion.
ATHLETIC TRAVEL

The goal is to make the procedures for trips to athletic contests and back to Lyle Completely safe. During athletic trips, students and staff will follow these rules:

1. All student/athletes will travel to extra-curricular activities in transportation provided by the school district. In rare cases, travel in private vehicles may be approved by the Principal’s office or Athletic Director, prior to departure for the event. That approval must then be forwarded to the Coach by school office.

2. Athletes may ride home after an extra-curricular activity with Parents or Legal Guardians provided they sign out with the coach prior to leaving for home. Failure to do this could result in the student/athlete receiving disciplinary action.

3. Students wishing to ride home with an adult other than their parent/guardian must have approval by the Principal’s office or the Athletic Director prior to leaving Lyle High School. This note then needs to be given to the Head Coach. Failure to do this will result in the student/athlete receiving disciplinary action.

4. Conduct on the bus will be under the Lyle School District bus rules and those established by the Head Coach. In cases where male and female athletes ride the same bus, they will sit at opposite ends of the bus with the coaches sitting between to separate the two groups.

5. On trips, student/athletes will remain with the group at the facility under the Coach’s supervision at all times.

6. Students are expected to follow the school dress code or a dress code outlined by the Coach and approved by the Athletic Director

AWARDS

Those athletes completing a sports season and meeting the requirements will receive a letter award and certificate for the first sport in which he/she letters. Athletes receive a certificate and an emblem for the number of times lettered, being a member of a championship team or an individual champion. Letters can be requested at the school office. Coaches are responsible for recording the individual athlete’s participation and preparation of letters and certificates.

To receive recognition in a sport, an athlete must:

- Complete the season
- Return or replace all equipment checked out
- Meet the requirements in each sport as outlined by the Coach
- Athletes may receive awards if unable to complete a season for medical reasons at the coach’s discretion
SPECIFIC VARSITY LETTERING REQUIREMENTS

FOOTBALL: Play in ½ of the quarters per season or at coach’s discretion.

VOLLEYBALL: Play in ½ of the games per match (tournaments count as 1 match) or at coach’s discretion.

BASKETBALL: Play in ½ of the quarters per season or at coach’s discretion.

BASEBALL/SOFTBALL: Play in ½ of the games played per season or at coach’s discretion.

TRACK: Score in the League Track meet or at coach’s discretion.

WIAA “Just Play Fair” Code of Ethics

Coaches:
- Follow the rules of the contest at all times
- Accept the decisions of the contest officials and avoid public criticism of game officials/participants
- Avoid offensive gestures or language
- Display modesty in victory and graciousness in defeat

Athletes:
- Show respect for opponents at all times
- Accept the decisions of game officials
- Avoid offensive gestures or language
- Display modesty in victory and graciousness in defeat
- Show respect for public property and equipment

Spectators:
- Take part in cheers with the cheerleaders and applaud good performances
- Work cooperatively with contest officials and supervisors in keeping order
- Refrain from negative comments about officials, coaches, and participants
- Stay off the playing area at all times
- Show respect for public property and equipment
Student Athlete Code of Conduct Contract

Student athletes and a parent/guardian must sign this form and return it with the annual sports packets

All Lyle Schools student athletes serve as representatives of Lyle Schools. It is a privilege to participate in athletics at Lyle Schools. A student athlete who represents Lyle Schools is held to a standard of conduct which earns a position of honor, respect and responsibility, both in the school and in the community. To uphold this position, the student athlete must adhere to and maintain the following standards of conduct set forth by Lyle Schools throughout the entire school year.

- Students will comply with the “Just Play Fair-Code of Conduct” supported by the WIAA
- Student-athletes will consider athletics as only a part of a well-rounded educational experience. They will strive for success not only as a member of a team or club, but also as a student in the classroom
- Student-athletes must remain academically eligible as outlined in the Lyle School’s Athletic Handbook.
- Student-Athletes must be at school a minimum of five periods per day on the day of practices and games. Students will report to ALL scheduled classes even when they return late the previous night from a game or contest. Failure to do so will result in removal from the next game and/or practice
- Student-athletes will wear team uniforms only to authorized events
- Student-athletes must travel with the team to events. If a student needs to leave an event, they may do so by having a parent/guardian sign out with the coach. Leaving with anyone other than a parent/guardian, MUST be prearranged with the Athletic Director or Principal’s office
- Student-athletes must turn in all uniforms and equipment immediately upon completion of his/her sport to the Head Coach. Families may be billed for any unreturned items
- Student-athletes must be good citizens and not be involved in any criminal activities, including the use or possession of illegal drugs, alcohol, tobacco or vaping of any kind, nor may student-athletes be directly associated with or in the presence of a student who is under the influence of any illegal drugs, alcohol, tobacco, vaping or participating in any criminal activity.

Additional information can be found in the Lyle Schools Athletic Handbook. Failure to abide by any of these Standards of Conduct at any time may result in dismissal from the team and forfeiture of honors, awards, or letters at the discretion of the Head Coach or Athletic Director. These consequences are supplemental to any other school administrative regulations.

I have read, understand and agree to abide by all the provisions and consequences of this contract and the rules set in the Lyle Schools Athletic Handbook. Failure to sign and return this contract will nullify the eligibility of any student-athlete to participate in athletics at Lyle Schools.

**A copy of this form is in the return portion of the Athletic Handbook. Please retain this handbook and contract for your information.